

**Epiphany 3**  
**(Sunday in the Week of Prayer for Christian Unity)**  
**24<sup>th</sup> January, 2010**

**TODAY**

- 4.00-6.00p.m. **Marriage Preparation Evening** in the Community Room at St Alban's, for all the couples being married this year. Anyone who could come along to help and support would be most welcome
- 6.30p.m. Covenant of Churches Unity Week Service at Swaythling Baptist Church. All welcome  
(**No** Evensong at St Alban's)

**THIS WEEK**

**Mon St Paul**

- 7.30a.m. Holy Communion at St Alban's.
- 5.00p.m. Evening Prayer at St Alban's
- 7.30p.m. Film Club in the Community Room at St Alban's:  
**SHAKESPEARE IN LOVE (15) (1999)** - A young Shakespeare, out of ideas and short of cash, meets his ideal

- woman and is inspired to write one of his most famous plays
- Tue 7.30p.m. Southampton Deanery Synod meets at St Alban's
- Wed 9.00a.m. Morning Prayer at St Mary's  
 9.30a.m. Holy Communion at St Mary's  
 7.30p.m. PCC meets at the Vicarage
- Thu 7.30p.m. Bereavement Support Group meets at 320 Hill Lane  
 7.45p.m. Bible Study Group resumes its meetings at 13, Glen Eyre Road. All welcome, as the study continues with Ecclesiasticus and Maccabees.
- Fri 9.00a.m. Morning Prayer at St Alban's  
 9.30a.m. Holy Communion at St Alban's followed by refreshments in the Community Room  
 10.15a.m. Friday Coffee Pot and Credit Union at St Alban's. All welcome  
 10.15a.m. Magazine Committee meets in the Community Room at St Alban's  
 12.30p.m. Friday Lunch for Senior Citizens at St Alban's. £2.50 , all welcome.
- Sat 6.00p.m. **CANDLEMAS EUCHARIST** at St Alban's. See Notes and News for details  
 6.00p.m. Southampton's Holocaust and Genocide Memorial Day 2010. See Notes and News  
 9.00p.m. **SUNG COMPLINE** at St Mary's. See Notes and News for details

## NEXT SUNDAY

### Sunday of the Feast of the Presentation of Christ in the Temple (Candlemas)

**READINGS** for next week : Malachi 3: 1-5, Ps. 24:.,7-end, Hebrews 2: 14-end , Luke 2: 22-40

- 8.00a.m. Holy Communion at St Mary's
- 10.00a.m. **Sung Eucharist for Candlemas** at St Alban's with the Laying on of Hands with Prayer for Healing
- 10.30a.m. **Sung Eucharist Candlemas** at St Mary's with the Laying on of Hands with Prayer for Healing
- 6.30p.m. Evensong at St Alban's

## NOTES AND NEWS

### **COVENANT LENT GROUPS: PEOPLE ON THE EDGE OF HIS PAIN**

- We will be looking at some of the key characters in the Passion narratives, such as Jesus, Mary Magdalene and Judas, and consider issues of today that resonate with these characters. Sign up as soon as possible for these six sessions, meeting at various venues and times from the week beginning February 15<sup>th</sup>. See the forms at the back of Church.

**CANDLEMAS SERVICE** - There will be a special Eucharist for Candlemas, sung by the Keble Choir, directed by Gary, at St Alban's on Saturday, January 30<sup>th</sup>, at 6.00p.m., with Palestrina's Missa Papae Marcelli. Later on, there will be Compline at St Mary's at 9.00p.m. All welcome to both services.

### **Southampton's Holocaust and Genocide Memorial Day 2010:**

**'The Legacy of Hope'** - On Saturday 30 January 2010 Southampton Solent University will host a commemorative event at the Sir James Matthews Building, Above Bar, from 6-7pm to mark Holocaust and Genocide Memorial Day 2010. Organised in conjunction with the Parkes Institute, University of Southampton, and the Oasis Academy, Lordshill, the event will consist of film excerpts, recorded survivor testimony with Ben Helfgott, who came to Southampton University after the war, and readings by local university and school students. All welcome. Refreshments provided.

**THE BELLS OF ST MARY'S** - Would you like learn to chime the bells at St Mary's? Or to improve your technique if you do it already? By request, Gary is doing a training session on Saturday, February 13<sup>th</sup>, 10.00a.m., for anyone who would like to have a go. You don't need great strength, just a bit of practice. Don't be shy! Come along if you are interested.

**SWINE FLU PRECAUTIONS** - We encourage use of the alcoholic rub provided as you enter the Church, and at any later point you wish to use it. Please speak to one of the Clergy if you have any concerns.

**E-MAIL PEW SHEET** - Would you like to receive this Pew Sheet by e-mail each week? If so, send a message to Julie in the Office at Swaythling.Parish@tiscali.co.uk and she will send you a pdf copy.

**BASICS BANK** - Are in urgent need of tinned meat. Please help if you can.

**The Parish Website is:** [www.swaythlingparish.org.uk](http://www.swaythlingparish.org.uk)

The Vicar is: The Revd Canon Gary Philbrick - 023 8055 4231

**SOME ENGAGEMENTS FROM THE VICAR'S DIARY THIS WEEK.**

In addition to the events listed above, please pray for:

Monday, planning day at Broadgate House.

Tuesday, Meeting at Swaythling School in the morning, followed by CTS/SCN Liaison Meeting at lunchtime, a meeting with the Bishop in the afternoon, and Deanery Synod in the evening.

**THE SUMMONS**

1. Will you come and follow me if I but call your name?

Will you go where you don't know and never be the same?

Will you let my love be shown,

Will you let my name be known,

Will you let my life be grown in you and you in me?

2. Will you leave yourself behind if I but call your name?

Will you care for cruel and kind and never be the same?

Will you risk the hostile stare,

Should your life attract or scare?

Will you let me answer prayer in you and you in me?

3. Will you let the blinded see if I but call your name?

Will you set the prisoners free and never be the same?

Will you kiss the leper clean,

And do such as this unseen,

And admit to what I mean in you and you in me?

4. Will you love the 'you' you hide if I but call your name?

Will you quell the fear inside and never be the same?

Will you use the faith you've found

To reshape the world around,

Through my sight and touch and sound in you and you in me?

5. Lord, your summons echoes true when you but call my name.

Let me turn and follow you and never be the same.

In your company I'll go

Where your love and footsteps show.

Thus I'll move and live and grow in you and you in me.

**READINGS FOR TODAY**  
**- and for you to use during the Week**

**Epiphany 3**  
**24<sup>th</sup> January, 2010**

**COLLECT:**

God of all mercy,  
your Son proclaimed good news  
to the poor,  
release to the captives,  
and freedom to the oppressed:  
anoint us with your Holy Spirit  
and set all your people free  
to praise you in Christ our Lord.  
**AMEN.**

**A Reading from the Book of  
Nehemiah**

*Nehemiah 8.1-3,5-6,8-10*

<sup>1</sup> All the people gathered together into the square before the Water Gate. They told the scribe Ezra to bring the book of the law of Moses, which the LORD had given to Israel.

<sup>2</sup> Accordingly, the priest Ezra brought the law before the assembly, both men and women and all who could hear with understanding. This was on the first day of the seventh

month. <sup>3</sup> He read from it facing the square before the Water Gate from early morning until midday, in the presence of the men and the women and those who could understand; and the ears of all the people were attentive to the book of the law. <sup>5</sup> And Ezra opened the book in the sight of all the people, for he was standing above all the people; and when he opened it, all the people stood up. <sup>6</sup> Then Ezra blessed the LORD, the great God and all the people answered, 'Amen, Amen,' lifting up their hands. Then they bowed their heads and worshipped the LORD with their faces to the ground.<sup>8</sup> So they read from the book, from the law of God, with interpretation. They gave the sense, so that the people understood the reading. <sup>9</sup> And Nehemiah, who was the governor, and Ezra the priest and scribe, and the Levites who taught the people said to all the people, 'This day is holy to the LORD your God; do not mourn or weep.' For all the people wept when they heard the words of the law. <sup>10</sup> Then he said to them, 'Go your way, eat the fat and drink sweet wine and send portions of them to those for whom nothing is prepared, for this day is holy to our LORD; and do not be grieved, for the joy of the LORD is your strength.'

*At the end, the Reader says:*

For the word of the Lord.

**Thanks be to God**

**PSALM 19:1-6**

1. The heavens declare the glo- | ry of God,  
And the firmament | shows his handiwork.
2. One day tells its tale | to another,  
And one night imparts knowledge | to another.
3. Although they have no | words or language,  
And their voices | are not heard,
4. Their sound has gone out in- | to all lands,  
And their message to the ends | of the world.
5. In the deep has he set a pavilion for the sun; it comes forth like a  
bridegroom out | of his chamber;  
It rejoices like a champion to | run its course.
6. It goes forth from the uttermost edge of the heavens and runs about to  
the end of | it again;  
Nothing is hidden from its | burning heat.

### **A Reading from the First Letter of Paul to the Corinthians**

*1 Corinthians 12.12-31a*

<sup>12</sup> Just as the body is one and has many members, and all the members of the body, though many, are one body, so it is with Christ. <sup>13</sup> For in the one Spirit we were all baptized into one body - Jews or Greeks, slaves or free - and we were all made to drink of one Spirit. <sup>14</sup> Indeed, the body does not consist of one member but of many. <sup>15</sup> If the foot would say, 'Because I am not a hand, I do not belong to the body,' that would not make it any less a part of the body. And if the ear would say, 'Because I am not an eye, I do not belong to the body,' that would not make it any less a part of the body. <sup>17</sup> If the whole body were an eye, where would the hearing be? If the whole body were hearing, where would the sense of smell be? <sup>18</sup> But as it is, God arranged the members in the body, each one of them, as he chose. <sup>19</sup> If all were a single member, where would the body be? <sup>20</sup> As it is, there are many members, yet one body. <sup>21</sup> The eye cannot say to the hand, 'I have no need of you,' nor again the head to the feet, 'I have no need of you.' <sup>22</sup> On the contrary, the members of the body that seem to be weaker are indispensable, <sup>23</sup> and those members of the body that we think less honourable we clothe with greater honour, and our less respectable members are treated with greater respect; <sup>24</sup> whereas our more respectable members do not need this. But God has so arranged the body,

giving the greater honour to the inferior member, <sup>25</sup> that there may be no dissension within the body, but the members may have the same care for one another. <sup>26</sup> If one member suffers, all suffer together with it; if one member is honoured, all rejoice together with it. <sup>27</sup> Now you are the body of Christ and individually members of it. <sup>28</sup> And God has appointed in the church first apostles, second prophets, third teachers; then deeds of power, then gifts of healing, forms of assistance, forms of leadership, various kinds of tongues. <sup>29</sup> Are all apostles? Are all prophets? Are all teachers? Do all work miracles? <sup>30</sup> Do all possess gifts of healing? Do all speak in tongues? Do all interpret? <sup>31</sup> But strive for the greater gifts.

*At the end, the Reader says:*

For the word of the Lord.

**Thanks be to God**

### **GIVE THANKS WITH A GRATEFUL HEART**

Give thanks with a grateful heart,  
Give thanks to the Holy One;  
Give thanks because he's given Jesus Christ, his Son.  
Give thanks with a grateful heart,  
Give thanks to the Holy One;  
Give thanks because he's given Jesus Christ, his Son.

And now let the weak say, 'I am strong',  
Let the poor say, 'I am rich',  
Because of what the Lord has done for us;  
And now let the weak say, 'I am strong',  
Let the poor say, 'I am rich',  
Because of what the Lord has done for us.

Give thanks with a grateful heart,  
Give thanks to the Holy One;  
Give thanks because he's given Jesus Christ, his Son.  
Give thanks with a grateful heart,  
Give thanks to the Holy One;  
Give thanks because he's given Jesus Christ, his Son.

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### **THE GOSPEL READING**

*Please stand and turn to face the Gospel Reader*  
*An acclamation heralds the Gospel, to which all reply:*  
**Alleluia, alleluia.**

*When the Gospel is announced, the Reader says:*  
Hear the Gospel of our Lord Jesus Christ according to *Luke*  
**Glory to you, O Lord.**

*Luke 4.14-21*

<sup>14</sup> Jesus, filled with the power of the Spirit, returned to Galilee, and a report about him spread through all the surrounding country. <sup>15</sup> He began to teach in their synagogues and was praised by everyone. <sup>16</sup> When he came to Nazareth, where he had been brought up, he went to the synagogue on the sabbath day, as was his custom. He stood up to read, <sup>17</sup> and the scroll of the prophet Isaiah was given to him. He unrolled the scroll and found the place where it was written: <sup>18</sup> ‘The Spirit of the Lord is upon me, because he has anointed me to bring good news to the poor. He has sent me to proclaim release to the captives and recovery of sight to the blind, to let the oppressed go free, <sup>19</sup> to proclaim the year of the Lord’s favour.’ <sup>20</sup> And he rolled up the scroll, gave it back to the attendant, and sat down. The eyes of all in the synagogue were fixed on him. <sup>21</sup> Then he began to say to them, ‘Today this scripture has been fulfilled in your hearing.’

*At the end, the Reader says:*  
This is the Gospel of the Lord.  
**Praise to you, O Christ.**

(c) New Revised Standard Version of the Holy Bible.

Eucharistic Prayer: F

**POST COMMUNION: Epiphany 3**

Almighty Father, whose Son our Saviour  
Jesus Christ is the light of the world:  
may your people, illumined by your word  
and sacraments, shine with the radiance of  
his glory, that he may be known,  
worshipped, and obeyed to the ends of the  
earth; for he is alive and reigns, now and  
for ever. **AMEN.**