

Sunday Before Lent **14th February, 2010**

TODAY

A warm welcome to Tom Tarling, Chaplaincy Assistant at Southampton University, who is speaking at St Mary's this morning, marking Education Sunday, which was last week.

Gary is leading worship at St Mark's, Archer's Road, this morning, during the Vacancy there

12.00noon Baptism at St Alban's

6.30p.m. Evensong at St Alban's

THIS WEEK

Mon No Evening Prayer at St Alban's today

Tue Shrove Tuesday

(The Community Pancake Lunch planned for today has had to be cancelled, due to unforeseen circumstances - apologies)

6.00p.m. **Parish Pancakes** in the Community at St Albans. All welcome.

Wed Ash Wednesday

- 9.00a.m. Morning Prayer at St Mary's
9.30a.m. **Holy Communion** at St Mary's
10.30a.m. Mission Coffee Morning and Bring and Buy in the Community Room at St Alban's in aid of the Deanery Link with Busoga, Uganda
7.30p.m. **Holy Communion and Ashing** at St Alban's
- Fri 9.00a.m. Morning Prayer at St Alban's
9.30a.m. Holy Communion at St Alban's followed by refreshments in the Community Room
10.15a.m. Friday Coffee Pot and Credit Union at St Alban's. All welcome
- Sat 5.30p.m. Today marks the centenary of the dedication of the first church on the site of the Immaculate conception Roman Catholic Church. There will be mass at 5.30p.m. followed by a shared supper. All members of the Covenant Churches would be very welcome. There will be an exhibition of old photos etc.

NEXT SUNDAY **Lent 1**

READINGS for next week : Deuteronomy 26: 1-11, Ps. 91: 1-11, Romans 10: 8b-13 , Luke 4: 1-13

- 8.00a.m. Holy Communion at St Mary's
9.30a.m. Choir Practice at St Mary's
10.00a.m. **Sung Eucharist** at St Alban's
10.30a.m. **Family Service** at St Mary's
12.15p.m. Baptism at St Mary's
6.30p.m. Evensong at St Alban's

NOTES AND NEWS

PALM CROSSES - Would you like to return Palm Crosses from last year to Church by Shrove Tuesday? They are used to make the ash for the Ash Wednesday Service. Thank you.

COVENANT LENT GROUPS: WHEN I SURVEY... CHRIST'S CROSS AND OURS - *The Lent Groups are now organised* - see the list on the notice boards at the back of Church. *If you* have already signed up, your name and group should be indicated. *If you would still* like to join a group, look at the list and phone the host of the group you would like to join to confirm there is still a place for you. There are five sessions, meeting at various venues and times from the week beginning February 22nd.

A DATE FOR YOUR DIARIES: Please book Saturday, April 24th for a Parish Day - with the initial title 'Joyful Discipleship'. This is for *everyone* to spend some time thinking and praying about the future mission and ministry of our Churches. Please come if you can - details to follow.

BASICS BANK - Are in urgent need of tinned meat. Please help if you can.

NATIVITY CLOTHES AT ST MARY'S - The clothing worn by the children at the December family service has been in use for many years and needs to be replaced. If anyone has material surplus to requirements that would be suitable please contact Chris Castle or Jenny Hales. Thank you.

'GETTING TO KNOW YOU' - A meeting of the Southampton Inter-faith Link, Sunday, February 21st, 2.30-5.00p.m., Nanaskar Gurdwara, Peterborough Road, Bevois Valley - a visit to meet members of the local Sikh community. All welcome.

OBERAMMERGAU PASSION PLAY SUMMER 2010 - 'Angela Coach Holidays' are running an 8 day trip for the 'Passion Play' .Please see notice on church boards. If anyone is interested please contact Angela Holidays on 023 8040 4536.

MISSION DONATION ENVELOPES: If you are unable to come to the Mission Coffee Morning on Wednesday, and would like to make a donation towards this month's charity, please use one of the brown Mission Donation Envelopes at the back of the Church (not forgetting to fill in the Gift Aid section if you are a taxpayer) and either place it in the collection plate, or hand to a sides person. Thank you.

SWINE FLU PRECAUTIONS - We encourage use of the alcoholic rub provided as you enter the Church, and at any later point you wish to use it. Please speak to one of the Clergy if you have any concerns.

E-MAIL PEW SHEET - Would you like to receive this Pew Sheet by e-mail each week? If so, send a message to Julie in the Office at Swaythling.Parish@tiscali.co.uk and she will send you a pdf copy.

IMMACULATE CONCEPTION CHURCH - The centenary of the dedication of the first church on the site occurs on 20th Feb, so we have organised a celebration in haste for that day, which is a Saturday. There will be mass at 5.30pm followed by a shared supper. All members of the Covenant Churches would be very welcome. There will be an exhibition of old photos etc.

The Parish Website is: www.swaythlingparish.org.uk

The Vicar is: The Revd Canon Gary Philbrick - 023 8055 4231

SOME ENGAGEMENTS FROM THE VICAR'S DIARY THIS WEEK.

In addition to the events listed above, please pray for:

Monday, Gary is taking his father's Funeral Service in Wakefield.

After that, it is a quieter week, with few meetings - hopefully, a bit of time to catch up during the half-term break.

READINGS FOR TODAY
- and for you to use during the Week

Sunday Before Lent
14th February , 2010

COLLECT:

Holy God,
you know the disorder of our
sinful lives:
set straight our crooked hearts,
and bend our wills to love your
goodness
and your glory
in Jesus Christ our Lord.
AMEN.

**A Reading from the Book of the
Exodus**

Exodus 34.29-35

29 Moses came down from Mount Sinai. As he came down from the mountain with the two tablets of the covenant in his hand, Moses did not know that the skin of his face shone because he had been talking with God. 30 When Aaron and all the Israelites saw Moses, the skin of his face was shining, and they were afraid to come near him. 31 But

Moses called to them; and Aaron and all the leaders of the congregation returned to him, and Moses spoke with them. 32 Afterwards all the Israelites came near, and he gave them in commandment all that the LORD had spoken with him on Mount Sinai. 33 When Moses had finished speaking with them, he put a veil on his face; 34 but whenever Moses went in before the LORD to speak with him, he would take the veil off, until he came out; and when he came out, and told the Israelites what he had been commanded, 35 the Israelites would see the face of Moses, that the skin of his face was shining; and Moses would put the veil on his face again, until he went in to speak with him.

At the end, the Reader says:

For the word of the Lord.

Thanks be to God

PSALM 99

1 The Lord is king: let the peoples tremble;
 he is enthroned upon the cherubim: let the earth shake.

- 2 The Lord is great in Zion
and high above all peoples.
- 3 Let them praise your name, which is great and awesome;
the Lord our God is holy.
- 4 Mighty king, who loves justice,
you have established equity;
you have executed justice and righteousness in Jacob.
- 5 **Exalt the Lord our God;
bow down before his footstool, for he is holy.**
- 6 Moses and Aaron among his priests
and Samuel among those who call upon his name,
they called upon the Lord and he answered them.
- 7 He spoke to them out of the pillar of cloud;
they kept his testimonies and the law that he gave them.
- 8 You answered them, O Lord our God;
you were a God who forgave them
and pardoned them for their offences.
- 9 **Exalt the Lord our God
and worship him upon his holy hill,
for the Lord our God is holy.**

A Reading from the Second Letter of Paul to the Corinthians

II Corinthians 3.12 - 4.2

12 Since we have such a hope, we act with great boldness, 13 not like Moses, who put a veil over his face to keep the people of Israel from gazing at the end of the glory that was being set aside. 14 But their minds were hardened. Indeed, to this very day, when they hear the reading of the old covenant, that same veil is still there, since only in Christ is it set aside. 15 Indeed, to this very day whenever Moses is read, a veil lies over their minds; 16 but when one turns to the Lord, the veil is removed. 17 Now the Lord is the Spirit, and where the Spirit of the Lord is, there is freedom. 18 And all of us, with unveiled faces, seeing the glory of the Lord as though reflected in a mirror, are being transformed into the same image from one

degree of glory to another; for this comes from the Lord, the Spirit. 1 Therefore, since it is by God's mercy that we are engaged in this ministry, we do not lose heart. 2 We have renounced the shameful things that one hides; we refuse to practise cunning or to falsify God's word; but by the open statement of the truth we commend ourselves to the conscience of everyone in the sight of God.

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THE GOSPEL READING

Please stand and turn to face the Gospel Reader

An acclamation heralds the Gospel, to which all reply:

Alleluia, alleluia.

When the Gospel is announced, the Reader says:

Hear the Gospel of our Lord Jesus Christ according to *Luke*

Glory to you, O Lord.

Luke 9.28-36

28 Jesus took with him Peter and John and James, and went up on the mountain to pray. 29 And while he was praying, the appearance of his face changed, and his clothes became dazzling white. 30 Suddenly they saw two men, Moses and Elijah, talking to him. 31 They appeared in glory and were speaking of his departure, which he was about to accomplish at Jerusalem. 32 Now Peter and his companions were weighed down with sleep; but since they had stayed awake, they saw his glory and the two men who stood with him. 33 Just as they were leaving him, Peter said to Jesus, 'Master, it is good for us to be here; let us make three dwellings, one for you, one for Moses, and one for Elijah.' Peter did not know what he said. 34 While he was saying this, a cloud came and overshadowed them; and they were terrified as they entered the cloud. 35 Then from the cloud came a voice that said, 'This is my Son, my Chosen; listen to him!' 36 When the voice had spoken, Jesus was found alone. And the disciples kept silent and in those days told no one any of the things they had seen.

At the end, the Reader says:

This is the Gospel of the Lord.

Praise to you, O Christ.

Eucharistic Prayer: B

I LIFT MY EYES

1. I lift my eyes
to the quiet hills,
In the press of a busy day;
As green hills stand
in a dusty land,
So God is my strength and stay.

2. I lift my eyes
To the quiet hills,
To a calm that is mine to share;
Secure and still
In the Father's will,
And kept by my Father's care.

3. I lift my eyes
To the quiet hills,
With a prayer as I turn to
sleep;
By day, by night,
Through the dark and light,
My Shepherd will guard his
sheep.

4. I lift my eyes
To the quiet hills,
And my heart to the
Father's throne;
In all my ways,
To the end of days,
The Lord will preserve his own.

**POST COMMUNION: Sunday Before
Lent**

Holy God,
we see your glory in the face of Jesus
Christ:
may we who are partakers at his table
reflect his life in word and deed,
that all the world may know his power to
change and save.
This we ask through Jesus Christ our
Lord.
AMEN.